

Ovarian cysts - Native Hibiscus

Over-dependency - Cordyline, Milkweed, Wild Iris,

Over-sensitivity - Bleeding Heart, Macaranga, Milkweed

Overwhelmed - Blue Mint, Dandelion, Macaranga

Palpitations - Bleeding Heart, Blue Mint, Lomandra,

Palpitations arrhythmia and facial flushing - Lomandra

Perspires easily - Dandelion

Physical pain - Blue Mink, Native Hibiscus

PMT - Blue Mink, Native Hibiscus

Poor vision - Cassia, Lomandra

Pregnancy - Swamp Lily

Pregnancy with an unwanted baby - Native Hibiscus, Swamp Lily

Prolapses, including bowel and vaginal - Acacia Purpurea, Cassia, Dandelion

Quiet, withdrawn child - Milkweed

'Retired husband syndrome' - Lacebark

Rigidity of the musculo-skeletal system - Blue Mink, Lomandra

Sadness and guilt following a miscarriage or abortion - Native Hibiscus

Sexual abuse in the past - Cordyline, Native Hibiscus, Milkweed

Shame around masturbation - Red Kamala

Shame around sexuality - Red Kamala

Skin blemishes including acne, and toxic skin conditions - Black Nightshade, Blue Mink, Lomandra

Smoothing circulation - Bleeding Heart, Lomandra

Speaking one's truth - Freckle Face, Morning Glory

Stage fright - Morning Glory

Stiffness - Red Kamala, Wild Iris

Stress - Blue Mink, Dandelion, Macaranga

Stress and tension - Blue Mink

Strokes and heart attacks due to suppressed anger - Lomandra

Substance abuse - marijuana, tobacco, - Lantana

Timidity and shyness in speaking out - Lacebark, Morning Glory, Verbena

Tiredness - Acacia Purpurea, Blue Mink, Macaranga, Swamp Lily

Transition times of childhood/ adolescence - Milkweed, Pink Shamrock

Twisted bowel - Cassia

Weakened immunity - Black Nightshade, Macaranga

Weakness of the spine, specifically the middle back - Acacia Purpurea

Worry - Dandelion, Lantana, Macaranga, Milkweed, Swamp Lily



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**Physical,
Emotional and
Mental
Symptoms**

Abuse physical or sexual – Cordyline, Native Hibiscus, Milkweed

Aching legs - Red Kamala

Acne - Blue Mink

Addictions to a substance, relationship, cause or life situation - Cassia

Alcohol abuse – Cassia, Lomandra, Wild Iris

Allergic sensitivity - Macaranga

Anaemia – Acacia Purpurea, Cassia, Dandelion, Macaranga

Anger - Acacia Purpurea, Blue Mink, Black Nightshade, Freckle Face, Lomandra, Storm Lily

Alkalisng spondylitis - Lomandra

Anorexia - Dandelion

Anxiety - Blue Mink, Cordyline, Freckle face, Lacebark, Macaranga, Pink Shamrock, Silver Wattle

Athero-sclerosis - Lomandra

Arthritis - Lomandra

Asthma – Lantana

Bladder problems - Red Kamala

Body Image problems - Black Nightshade, Cordyline, Red Kamala

Bowel polyps – Cassia, Lomandra

Breast cancer - Black Nightshade, Cordyline, Wild Iris

Breathing difficulties - Lantana

Bullying behaviour – Milkweed

Childhood abuse of any kind, verbal, physical or sexual - Milkweed

Circulation - Bleeding Heart, Lantana

Clearing toxicity - Lomandra

Colds, flus and viruses - Macaranga

Colon cancer - Cassia

Communication difficulties – Commelina, Freckle Face, Lacebark

Confusion over sexuality - Cordyline

Constantly tired - Dandelion

Constipation - Cassia

Creative blocks - Morning Glory, Red Kamala

Debilitation of the nervous system - Blue Mink

Depression – Cassia, Lacebark, Silver Wattle, White Wandering Jew, Wild Iris

Desire to escape from the world - Blue Mink

Despondency – Silver Wattle

Diabetes - Cassia

Diarrhoea - Cassia

Difficulty in confronting others - Freckle Face, Morning Glory

Digestive dysfunction - Black Nightshade, Blue Mink, Cassia, Dandelion

Digestive problems including irritable bowel syndrome, stomach upsets, diabetes - Black Nightshade

Diverticulitis - Cassia

Domineering parents - Morning Glory

Dull, constant headaches - Dandelion, Lomandra

Emotional and physical pain - Blue Mink, Native Hibiscus

‘Empty nest syndrome’ - Lacebark

Entity attachments – Acacia Purpurea, Ajuga, White Wandering Jew

Excessive weight – Dandelion, Wild Iris

Father issues - Cordyline

Fear – Acacia Purpurea, Black Nightshade, Bleeding Heart, Blue Mink, Commelina, Cordyline, Freckle Face, Lacebark, Lantana, Macaranga, Morning Glory, Native Hibiscus, Red Kamala, Snail Vine, Silver Wattle, Verbena, White Wandering Jew, Wild Iris

Fear of being alone - Cordyline

Fear around sexuality - Red Kamala

Fear of ageing - Lacebark

Fear of movement - Red Kamala

Feeling sexually undesirable - Black Nightshade, Lacebark, Wild Iris

Feeling unattractive - Black Nightshade, Lacebark

Feelings of uselessness and having passed the use-by date - Lacebark

Fibroids - Native Hibiscus, Red Kamala, Wild Iris

Frigidity - Native Hibiscus, Red Kamala

Gallstones - Lomandra

Guilt around sexuality and masturbation - Red Kamala

Guilt and shame around periods - Native Hibiscus

Haemorrhoids - Acacia Purpurea, Dandelion, Wild Iris

Headaches - Blue Mink, Dandelion, Wild Iris

Healing the inner child - Milkweed

Hearing difficulties - Lacebark, Snail Vine

Immune compromised - Bleeding Heart, Macaranga

Infertility – Red Kamala, Snake Vine

Insomnia - Dandelion

Intellectual arrogance - Morning Glory

Irritability - Blue Mink

Isolation - Blue Mink

IVF procedures – Snail Vine (strength of ovaries), Swamp Lily (implantation)

Lack of humour - Milkweed

Learning difficulties - Milkweed

Lethargic – Dandelion, Swamp Lily

Libido low or absent – Cordyline, Lacebark, Red Kamala, Snail Vine

Liver problems - Black Nightshade

Loneliness - Cordyline, Wild Iris, Verbena

Loss of interest in a sexual partner, particularly following birth - Red Kamala, Snail Vine, Wild Iris,

Loss of temperature control - Dandelion

Low back pain - Red Kamala, Snail Vine,

Lowered immunity - Black Nightshade, Macaranga

Lung-related disorders, such as asthma and shallow breathing – Lantana

Manipulative behaviour - Cordyline, Milkweed

Mastitis - Black Nightshade

Melancholy – Silver Wattle

Menstrual pain – Lomandra, Native Hibiscus, Red Kamala

Migraines - Lomandra

Muddle-headed – Dandelion, Lantana

Nausea – Dandelion

Oedema in the ankles - Red Kamala, Snail Vine